

# Live Music Yoga Flow

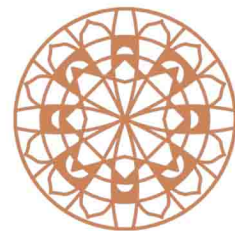
Sunday, January 21st  
2 - 4 pm

Pacific Cultural Center  
1307 Seabright Ave, Santa Cruz

Join yoga instructor **Delana Thompson** and multi-instrumental, musical, looping duo **Global Village**, as they weave cleansing melodies, healing rhythms, and soulful vinyasa yoga instruction into an inspiring journey through movement, sound, and stillness. This will be a vigorous, Level 2 yoga class with variations presented to accomodate all levels.

**\$20 adv, \$25 door**

Advance tickets available from Delana in weekly classes  
or call 831-688-4473



**For More Information**

[www.OurGlobalVillage.com](http://www.OurGlobalVillage.com)

[www.YogaWithDelana.com](http://www.YogaWithDelana.com)

