

A Summer Solstice Celebration featuring

# Live Music Yoga Flow

Saturday, June 24th

Yoga 4 - 6 pm with Dinner and Performances to follow

Pacific Cultural Center

1307 Seabright Ave, on the corner with Broadway

Join yoga instructor **Delana Thompson**, and musical duo **Global Village** (**Todd Boston** on guitar and bamboo flute and **Ramesh Kannan** on tablas and percussion), as they weave cleansing melodies, healing rhythms, and soulful vinyasa yoga instruction into an inspiring journey through movement, sound, and stillness. All Levels Welcome.

"Asana to Todd's music is an opportunity to take a journey on a very deep and personal level."  
-Michele Bolo, Soul of Yoga, Encinitas, CA

Yoga will be followed by a delicious **Indian Banquet** and dance, yoga, and musical **performances** by Sharre Young, Phoenix Artemesia, Maria Alfaro, Global Village, and more!

## Advance Tickets

In the PCC office, from Delana in class,  
or call 831-688-4473.

## Price

Live Music Yoga Flow: \$20  
Dinner and Performances: \$7-15 donation  
Entire Event: \$25



For More Information

[www.OurGlobalVillage.com](http://www.OurGlobalVillage.com)

[www.YogaWithDelana.com](http://www.YogaWithDelana.com)

