

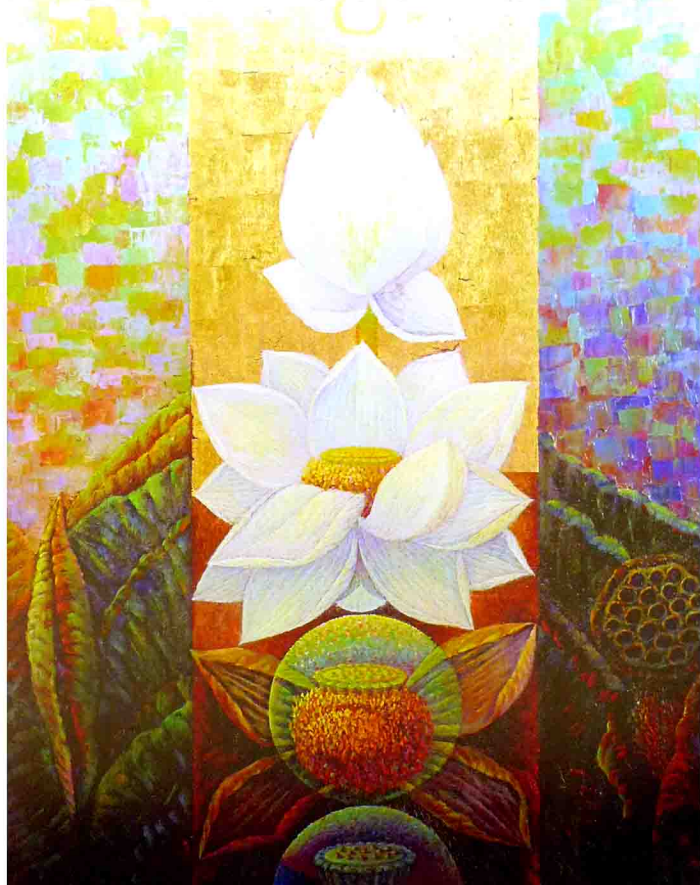
# Experiencing Wholeness

a Fall Yoga Retreat

with Aruna Peters and Delana Thompson

October 7-9, 2011

Mount Madonna Center



During this weekend of yoga, meditation, and community in the Santa Cruz Mountains, you will learn rejuvenating practices for connecting with a deep feeling of completeness. The retreat includes 7 classes, delicious vegetarian meals, cozy accommodations, beautiful views, nature trails, hot tub, and free time for hiking, reading, and relaxing.

**Register Online Now!**

Early Bird prices start at \$246 and are available through September 1, 2011. Prices increase thereafter, so act now!

[YogaAruna.com](http://YogaAruna.com)

[YogaWithDelana.com](http://YogaWithDelana.com)



Deriving inspiration from classical yoga, tantra, Buddhism, and more, Delana and Aruna will weave their diverse influences together for a holistic weekend of practice suitable for all students.