

Yoga for Peace asanas

Saturday, September 8th
San Lorenzo Park, Santa Cruz

Santa Cruz * New York City * Savannah, GA * Brunswick, ME * Kansas City
Pocatello, ID * St. Louis * Boulder * Dallas * Honolulu * Boston * Chicago
Washington DC * New Haven, CT * Toronto * Reykjavik * Tokyo * Ubud

Join together for a peaceful, public response to the events of 911 and the violence that has ensued, bringing peace, love, and unity into the world through the traditional practice of a yoga mala - 108 sun salutations - with multiple lead teachers and live music by Global Village.

All forms of silent meditation welcome. Please join us.



San Lorenzo Park, 137 Dakota Ave, Santa Cruz
Located behind the county building, across the river from downtown

Registration begins at 10:30 am
Yoga Mala 12 noon - 3 pm
Live Music until 5 pm at the Saturday Market

Requested donation \$5 - \$20, no one turned away
Net proceeds benefit the Resource Center for NonViolence and the Fellowship of Reconciliation

More details about the day available at:
www.yogawithdelana.com/yfp.html

come together

www.yoga-for-peace.org

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