

Live Music Yoga Flow



Wednesday, May 5th

7:45 - 9:15 pm

Pacific Edge Climbing Gym

Join Delana's weekly Yin/Yang Yoga class on May 5th to experience the deep inner journey of practicing with live music by award-winning multi-instrumental looping artist, Todd Boston. Soulful and sensitive, Todd and Delana weave together a supportive symphony of sound, breath, and movement to enhance and deepen your yoga experience.

Price: In addition to your regular class payment (\$12 drop-in, discount card, or gym membership), please also bring \$8 (members) or \$10 (guests) for the music.

www.YogaWithDelana.com

www.ToddBoston.com

