



**Cultivate Unity Create Possibility Foster Non-Violence**

## **Sunday, June 5th, 10am - 1pm**

Join local yoga teachers Delana Thompson and Amey Mathews for an extended outdoor yoga class dedicated to communities in eastern Africa and supporting projects to bring unity, possibility, and non-violence to those communities through the peaceful practice of yoga. Followed by brunch and held at a private home in the Emeline neighborhood.

**To register**, visit [www.LovetoKenya.org/yoga\\_in\\_the\\_yard](http://www.LovetoKenya.org/yoga_in_the_yard) and click through to the donation page. *Please donate \$45 or more and write "Yoga in the Yard" in comments.* Directions provided upon registration.

**For more information**, [rsatting@gmail.com](mailto:rsatting@gmail.com), 812-340-1357, [www.YogaWithDelana.com](http://www.YogaWithDelana.com), [www.YogaWithAmey.com](http://www.YogaWithAmey.com)

### **A Benefit for the Africa Yoga Project**

